



Students in Transition Care Kit

For displaced students who need ready-to-eat foods

**Please place items in a sturdy bag.*

For more information contact: Volunteer@OperationFoodSearch.org.

- **canned food with POP TOPS**
 - **soups or chili w/ Meat and/or beans**
 - **vegetables**
 - **fruit in natural juice**
 - **pasta w/ meat**
 - **tuna, salmon, or meat**
- **individual cracker & cheese packets**
- **individual cracker & peanut butter packets**
- **granola bars (high fiber, +3 grams fiber/bar)**
- **fruit cups:**
 - **natural applesauce**
 - **jell-O w/ fruit**
 - **fruit in natural juice**
- **peanut butter & jelly (plastic jars)**
- **small juice boxes (100% juice preferred)**
- **individual boxes of cereal (high fiber, low sugar)**
 - **cheerios**
 - **honey nut cheerios**
 - **chex**
- **beef or turkey jerky**