

Find a Food Pantry

Feeding America supports food banks across Missouri. Find a food pantry in your county using their map.



View the Feeding America online map
Bit.ly/FeedingMO.

In the St. Louis Region?



Text your zipcode to
(785) 503-3310
for list of food pantries closest to you.

Find a Child Meal Location

Looking for a place where kids can get a free, healthy meal during the COVID-19 crisis?



Visit Missouri's Child Meal Map:
Bit.ly/MOChildMeals.



Click the right arrow to get to the "Find a Meal Location Near Me" tab.



Enter your address.



MISSOURI FAMILY FOOD FINDER



Find out About SNAP/Food Stamps

What's New with SNAP?



SNAP households can use their EBT cards to make **online grocery purchases!** More detail will be coming soon on DSS's website.

In May, families will receive the **maximum monthly benefit** that is available for their household size.

Household Size	Max. Benefits
1	\$194
2	\$355
3	\$504
4	\$646

Get more information about SNAP at **mydss.mo.gov.**

Find out About WIC

What's New with WIC?



Many local WIC clinics are now offering **services by phone, drive-up, mail or online** during the pandemic.



If your store is out of certain WIC-approved foods, **substitutions are now allowed** for peanut butter, eggs, milk, bread, and baby food.

Get more information about WIC at **health.mo.gov/living/families/wic.**

For more information, visit **OperationFoodSearch.org/Emergency-Response-2020.**

Find out About Unemployment Insurance



Unemployment Insurance (UI) is there to help workers who have lost their jobs due to COVID-19.

- ▶ **Unemployed workers** will receive additional \$600/week in federal benefits.
- ▶ **Self-employed, part-time and gig workers** are now eligible for unemployment assistance.

Get more information about UI at labor.mo.gov/coronavirus.

Find out About Pandemic EBT (P-EBT)



School Meals at Home!

P-EBT is a temporary benefit available to families with children who qualify for free or reduced-price school meals. P-EBT is meant to help cover the costs of meals at home when schools are closed.

Coming Soon

P-EBT isn't available yet in Missouri. Find out more information from the Department of Social Services: mydss.mo.gov/covid-food-stamp-info.

Find out About Stimulus Checks



Checks totaling \$1,200 for adults and \$500 for kids are on the way! Here's how to receive your stimulus check...

Taxpayers in 2018 or 2019

The check will be deposited in your bank account or mailed to your house.

Social Security Enrollees

The payment will be included with your Social Security benefits.

Everyone Else

Complete the "Non-Filers: Payment Info" form on the IRS website.

Add or Update Payment Information

Visit irs.gov/economic-impact-payments.

Find More Resources



Missouri Services Navigator

Search by county to find programs and services nearest you.

Visit mo.servicesnavigator.org

Missouri's COVID-19 Information Hotline

To learn more about coronavirus, where to get tested, and more:

Dial (877) 435-8411.

MISSOURI FAMILY RESOURCE FINDER



Operation Food Search